

Emergency injection in an adrenal crisis.



What to do if you think an adrenal crisis is likely.
How do you prepare an emergency injection?
And how do you give the injection?

For further information you can visit <https://adrenals.eu/video/> and watch the animated clip "How an emergency injection works!"

1 Find the patient's emergency injection kit (SOS bag). That kit contains a vial with the ingredients you need, a syringe and 2 different needles. Even if you're not 100% sure this is an adrenal crisis, give the injection anyway. It will do no harm!

2 The vial containing the medicine.

3 Press the top down hard, so that the liquid can combine with the powder.

4 Mix the two together gently.

5 Avoid making it foamy.

6 Once the liquid is clear, put the thickest needle on the syringe.

7 Draw up the liquid.

8 Change the drawing-up needle for the injection needle.

9 Point the needle upwards and gently express a small amount of liquid from the needle, so you can be sure that there is no air left in the syringe.

10 Push the needle into the side of the thigh. No need to remove clothing.

MAKING THE INVISIBLE VISIBLE

Not every disability is visible

Some are hidden

PROUD TO SUPPORT THE SUNFLOWER FOR INDIVIDUALS WITH HIDDEN DISABILITIES

Anyone suffering from an adrenal crisis will feel better within half an hour after an **EMERGENCY INJECTION**. Upon arrival a doctor should be consulted.

My name is:

My carer can be reached at phone number:

My specialist can be reached at phone number:

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IMPORTANT MEDICAL INFO

THIS PATIENT NEEDS DAILY REPLACEMENT THERAPY WITH CORTISONE

In the event of serious illness, trauma, vomiting or diarrhoea, hydrocortisone 100 mg iv/im and iv saline infusion should be administered **WITHOUT DELAY.**

Name _____

Personnumber/Date of birth _____

European Society of Endocrinology